

Donné Frances Nel

Summary of Qualifications

2005 – 2008

University of Cape Town

South Africa

Bachelor of Science in Occupational Therapy

Achieved the **Practice Learning Merit Award** for the highest mark in the year 2008 for practical occupational therapy course (4023W) at University of Cape Town.

January 2015 – April 2018

Train Pain Academy

South Africa

Certificate in Pain Management

Completed Modules on principles of pain, communication skills, pain interventions, exercise for pain management, and Progressive Goal Attainment Program (PGAP).

Additional Training

2019

The Cluedo of Cognitive Rehabilitation (25 and 26 July 2019)

Mindfulness in Chronic Pain (30 May 2019)

PainSA Congress (3 to 5 May 2019)

Sensory Intelligence with Annemarie Lombard (30 January to 1 February 2019)

2018

Pain and the Immune System (27 October 2018)

Cognitive Ability in Functional Assessments (13 August 2018)

Cognitive and Sensory Ergonomics (27 July 2018)

BASI Pilates Matwork Instructor (Qualified 15 April 2018)

Cognitive Behavioural Therapy and Mindfulness (22 and 23 January 2018)

Module 6: Knowledge into Practice (January 2018 to April 2018)

2017

Legislation in Occupational Health (3 November 2017)

Essential Pain Management (15 September 2017)

Module 3: Pain Interventions (25 and 26 August 2017)

Module 4: Exercise for Pain Rehabilitation (9 and 10 April 2017)

Exploring Reasonable Accommodation (24 March 2017)

2016

Module 5: Progressive Goal Attainment Program (8 and 9 October 2016)

Module 2: Communication Skills (24 and 25 September 2016)

Psychiatry in the Workplace (16 September 2016)

Managing the Challenges of Back Pain in the Workplace (10 June 2016)

Scope of Practice for Occupational Therapy (13 May 2016)

Mindfulness Based Stress Reduction Course (February to March 2016)

Ergonomics for Persons with Disabilities (12 February 2016)

Module 1: Principles of Pain (16 and 17 January 2016)

2015

Work Related Upper Limb Disorders Symposium (6 November 2015)

Thinking about Cognition and Work (12 September 2015)

Fitness to Work (13 May 2015)

Functional Capacity Evaluation Workshop (11 and 12 May 2015)

Fitness to Drive Assessment (13 March 2015)

2014

ErgoScience Functional Capacity Evaluation (16 – 18 October 2014)

Legislation and Rehabilitation Symposium (20 September 2014)

Practice Management (22 and 23 August 2014)

Report Writing Workshop (23 June 2014)

Job Analysis (14 February 2014)

Professional memberships

January 2009 – Present

Health Professions Council of South Africa (HPCSA)

Membership Number: OT 0074314

September 2010 – October 2013

Health Professions Council of United Kingdom (HPC UK)

Membership Number: OT 62158

January 2016 – Present

Occupational Therapy in Occupational Health

I am currently the Chairperson for the Occupational Therapy in Occupational Health special interest group, which is affiliated with OTASA (Occupational Therapy Association of South Africa).